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FREE ADVICE: Sandy Forster from Wildly Wealthy Women is donating 500 copies of her book, *How To Be Wildly Wealthy Fast*, to the Adopt-a-Family Christmas appeal. *Photo: Brett Wortman*

Free books for adopted families

Sandy to teach down-and-out families how to be wildly wealthy

By LIBBY HUNT

SOMETIMES people struggling to pay the bills need more than a hand out — they need a hand up.

That is Sandy Forster of Wildly Wealthy Women's theory and the reason she decided to donate 500 of her *How to Be Wildly Wealthy Fast* books to the Sunshine Coast Daily and local charities' Adopt-A-Family appeal.

"About three years ago I had a \$100,000 debt hanging over my head and was living off a single mother's pension, which is not much, so I was feeling pretty desperate," Sandy said.

"It was only when I realised I was thinking like a person who

would always be living in poverty and learnt how to change my thought patterns that I went from being financially challenged to secure, and then wealthy.

"This is something absolutely anyone can achieve and I think the people our community is rallying to support with this appeal are perfect candidates to learn from my experiences.

"Plus, it's a new year and the perfect time to turn over a new leaf."

How to Be Wildly Wealthy Fast tells Sandy's story — and how she went from being a struggling single mum with enormous money struggles, to earning more than \$1.5 million

in less than a year.

The book shares her tips, secrets and strategies and gives step-by-step instructions that help people to turn their thought patterns around and create wealth.

Sandy's gift comes as the number of families adopted out by the community reaches the 425 mark, and with less than 300 families left on the list, the call has gone out to the community to make one last, big effort and get involved.

A full list of families to adopt is on page 34 today. Choose a charity and a family and start putting your hamper together.

Your gift might well mark a turning point for the family you choose to help.