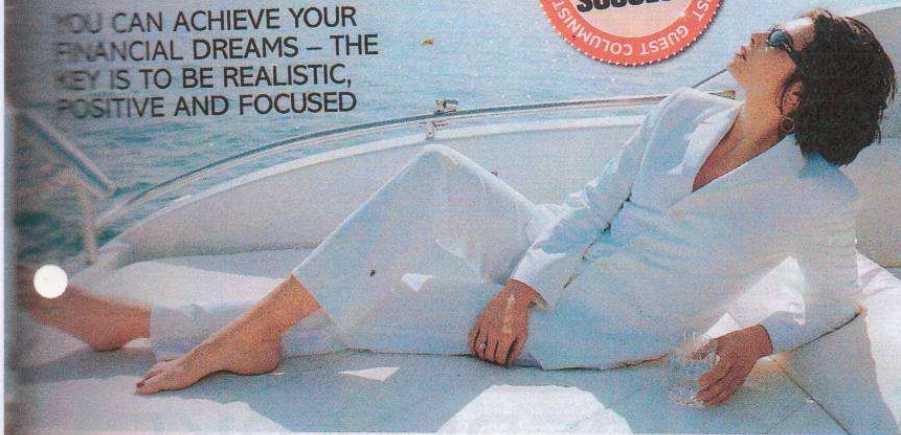


With guest columnist Sandy Forster

SHOW ME THE MONEY!

YOU CAN ACHIEVE YOUR FINANCIAL DREAMS – THE KEY IS TO BE REALISTIC, POSITIVE AND FOCUSED



Ask yourself, do your finances burden or scare you? Do you consistently not have enough, or are consumed with fear that you won't have enough to live your life the way you want. Whether you desire \$50,000 a year, \$250,000 a year or even a million dollars a year, everyone's desires are different, and it's *all* achievable. If one person in this world has been able to create riches beyond their wildest dreams, then it is possible for you too!

You must keep in mind that your current situation is temporary. No matter what, you can find the path to freedom – not just financial freedom, but freedom from the worry that impacts on every other area of your life.

What I'd like you to do today is spend about 15 to 30 minutes writing down your desires. What would you like to change and what would you like to attract into your life in the next two to six months? Take one step further – how would you like your life to look in one year's time, what would be different? Be clear and specific about what you're aiming for. The more specific you are, the more likely it is you'll achieve it.

The secret is, don't think so big that you don't believe it's possible in any way. The idea is to think big enough – so, while it may be a stretch, part of you can actually imagine it happening – even if you have no idea *how* it will happen. Don't think so big you feel it's impossible – that way you're in danger of overreaching and snapping.

For example, let's say you don't own your own business and never have, and you write down you want to own five small businesses in the next six months that each bring you a profit of \$5000 a month. While this is definitely achievable and

the universe can easily make this happen, if it's too big a stretch for you mentally and you don't believe it yourself – it's not going to happen. On the other hand, if there's a part of you that believes it's achievable then go for it! You can never out-dream the universe – its plans for you are far grander than you could ever imagine.

There are no limits to what the universe can provide – your only limitations are within your own mind. In this exercise you're learning to think outside the box and dream bigger than before. Don't hold back, think bigger, dream grander, and know the universe is waiting to give you your heart's most secret desires.

IN YOUR DESIRES, INCLUDE...

- The amount of money you would like to be making each month.
- The way your life would be different if you were making that much money.
- Name some of the things you would be doing differently each day.
- Express how you would feel if you were making that sort of money.
- Be very specific about the new things you want in your life. Do you want a new house, car, job, holiday or lover?
- Imagine how you would feel if you already had that special thing in your life right now.

ASK SANDY FOR ADVICE

• Do you have a question about how to improve your life or boost your wealth? Write to Sandy at New Idea, Private Bag 9960, North Sydney, NSW 2059. And write and tell us about your Secret to Success.